
**A Winter Henro
Shikoku Pilgrimage
To The 88 Temples
Japanese Edition
By Hideyuki
Shinkawa**

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Start Here for the
Shikoku Pilgrimage
Updated March 2019
May 1st, 2020 - Thanks
for ing to my site I
walked the Shikoku
Pilgrimage in the summer

of 2015 and began this project shortly afterwards It began with me wanting to pile the various budget camping lists in English and Japanese for walking henro Since then the site has grown to over 200 posts For the Shikoku?'

'My Shikoku Pilgrimage Budget Sheet Found in Shikoku

April 25th, 2020 - My Shikoku Pilgrimage Budget Sheet Japan is often an expensive place to travel but that is often due to lack of familiarity with acomodation and dining options The same principle is true for the Shikoku Pilgrimage'

'Shikoku 88 Temple Pilgrimage in summer Japan Lonely

May 4th, 2020 - Shikoku 88 Temple Pilgrimage in summer Thorn Tree forum Country forums North East Asia Japan Enter custom I ve been reading around about it and they say you should only really go in spring or autumn as summer is too hot and winter too cold Walking the 88 temples of Shikoku is an amazing experience that you ll carry with you for a''Japan s

Shikoku Island pilgrimage The Japanese equivalent

April 9th, 2020 - Henro or pilgrims on Japan s Shikoku Island This being Japan there are many ways of pleting the Shikoku Island pilgrimage route the nation s equivalent of Spain s Camino de Santiago''Shikoku Henro Pilgrimage Japan FaisalB

May 3rd, 2020 - Shikoku Henro Posts Intro Stats amp Daily Recap Reflections Suggestions amp Resources Introduction The Shikoku Henro is a 1200 year old

Buddhist pilgrimage on the island of Shikoku in Japan The route circumnavigates Shikoku and visits 88 temples associated with a monk named Kukai also known as Kobo Daishi'

'7 beautiful trekking routes in Japan you should do this year April 29th, 2020 - Many head to Japan for the food Some e for the ultimate big city cultural experience in Tokyo Others make the journey north to Hokkaido each winter for some of the best powder skiing on the planet But this island nation is also an ideal destination for trekking offering a variety of multi day hikes for everyone from summit seekers to wildlife explorer to wannabe poets'

' Shikoku Regions Oku Japan

May 1st, 2020 - Shikoku's rugged remoteness has attracted many travelers seeking a more unique part of Japan The island is also home to the Shikoku 88 Pilgrimage a spiritual journey following in the footsteps of Kobo Daishi also known as Kukai who reached enlightenment in the isolated mountains and decided to devote his life to the Buddha' 'Liminal Spaces Walking the Shikoku Henro Pilgrimage

April 25th, 2020 - Eichikai specializes in henro goods mostly for the Shikoku henro although they have things for other major Japanese pilgrimages I discovered them when I was looking for places in 2005 before my first henro trip I had

just moved to Hiroshima that summer and was so excited to be much closer to Shikoku'

'Thinking about walking the Shikoku 88 temple pilgrimage

April 24th, 2020 - The Shikoku pilgrimage is the most amazing thing I've ever done Not a day goes by that I don't think of it My friend and I started the journey in August and finished in October It took us 50 days all on foot We tented almost every night I found September quite nice for the pilgrimage It was starting to get pretty chilly at night by the end'

'O henro Walking the pilgrimage of 88 temples in Shikoku

May 1st, 2020 - There are a number of ways to do the pilgrimage on foot by bike car train bus or a combination of some or all of these There is no ?correct? procedure for doing the pilgrimage but walking is obviously the most traditional method Most walking O Henro start and end at temple 1 located in Naruto near Tokushima city'

'Pilgrimage on Shikoku Island

May 3rd, 2020 - Visiting The Sacred Sites of K?kai A panion to the 88 Route Guide Shikoku Pilgrimage A Guide For Non Japanese A wonderful free e book introducing every aspect of the pilgrimage by Naoyuki Matsushita author of Shikoku Japan 88 Route Guide The journey of one thousand miles begins with one step Torii on the trail to Temple 60'

'Henro trail New year I

Pilgrimage On Shikoku Island

April 29th, 2020 - I am a foreigner living in Japan and am planning to do a part of the henro pilgrimage in Shikoku I want to do around 200 kms in 10 days on foot The main problem is that I want to do this at the time of new year when it is very cold and Japan is practically

closed' 'Shikoku 88

Temples Pilgrimage Useful information

March 13th, 2020 -

However for the experience of being a henro choosing the traditional guesthouses used by the pilgrims are recommended These includes various guesthouses but most mon is a minshuku or a ryokan If you pare this pilgrimage to the Camino in Spain these are the albergues of the Shikoku 88 Temples Pilgrimage although private'

'The Pilgrimage Seasons
Shikoku Pilgrimage J
Pilgrim

April 24th, 2020 - Winter Winters in Shikoku are rather mild pared to the rest of Japan You will rarely see snow except when you hike up mountains Nonetheless most advise against going during winter The days are short so you may find yourself often walking in the dark'

'A pilgrimage trail to 88 temples in Shikoku Japan
MLIT

April 28th, 2020 -

Shikoku s Route 88 Temple Trail This circular pilgrimage route is the most famous pilgrimage in Japan It was established by disciples of the Buddhist monk Kukai who trained at several sacred

places in Shikoku and many believe this route follows his footsteps This is a journey to find your true self and attain peace of mind'

'Shikoku 88 Temple Pilgrimage a photographic tour

April 7th, 2020 - Sit back and enjoy a photographic tour of the Shikoku 88 Temple pilgrimage From the sea to the mountains you ll see the trail temples food acmodation people you ll meet along the way' 'Japan s Shikoku Island pilgrimage The Japanese equivalent

April 27th, 2020 - Walkjapan offers a guided 11 day 10 night tour of the most scenic parts of the Shikoku pilgrimage route from JPY484 000 5570 Daniel Scott was a guest of the Japan National Tourist''

'88 Hallowed Grounds of Shikoku A Pilgrimage 1200 Years

May 2nd, 2020 - A Pilgrimage of Nature and Humanity Shikoku island prises the four prefectures of Tokushima Kagawa Ehime and Kochi Shikoku Henro spans all four regions linking 88 temples associated with the monk Kukai posthumously known as Kobo Daishi founder of the Shingon school of Buddhism and native of Shikoku''

'Shikoku Pilgrimage Trail Shikoku 88 Temple tour Macs

May 3rd, 2020 - Walk the highlights of the 88 Temple pilgrimage trail on the island of Shikoku Starting in Kyoto and ending in Osaka this tour brings together the best of Japan city life and peaceful rural walking'

'Pilgrimage on Shikoku Island

May 1st, 2020 - Shikoku Hachij?hachikasho Meguri PLANNING WHEN SHOULD YOU GO Traditionally the pilgrimage is walked in either the spring or the fall While it can be done during the summer it is considered too hot and humid by all but the bravest and during the winter it is just too cold to be enjoyable'

'The Shikoku Pilgrimage Travel Japan JNTO

March 25th, 2020 - They are henro or pilgrims making their way to 88 temples strung along a circular religious route in Shikoku Many are making the pilgrimage to honor Kobo Daishi Japan s most important historical religious figure who was born on Shikoku in 774 and according to popular folklore is said to have visited all the 88 sites in his lifetime'

'5 TIPS FOR SHIKOKU 88 TEMPLE PILGRIMAGE FIND SHIKOKU

April 23rd, 2020 - Shikoku pilgrimage starts at Tokushima Awa temples 1 23 representing the idea of awakening or hossin and continues to Kochi Tosa temples 24 39 representing the idea of austerity and discipline or shugyo Ehime Iyo temples 40 65 representing enlightenment and then to Kagawa Sanuki temples 66 88 representing entering nirvana or nehan totaling a 1450 km journey'

'Planning for the Shikoku 88 Temple Pilgrimage

April 29th, 2020 - HI good to find your blog I walked part of the henro trail as part of an

improvised 30 day walk
through Shikoku in 2008
I'm finally getting
around to blogging about
it pretty soon and
without my journals
they're in America I'm in
Brisbane ? long story was
having a hard time
matching pictures to
temples'

' **Shikoku Tours Blog 11
Reasons to Visit Shikoku**
April 3rd, 2020 - The
Buddhist Shikoku Henro
pilgrimage also draws
visitors from around the
world Here we attempt to
summarize the myriad
reasons to visit Shikoku
into just eleven 1 The
Shikoku Pilgrimage This
route that visits 88
Buddhist temples around
Shikoku was established
some 1 200 years ago by
the Buddhist saint Kobo
Daishi'

' **Shikoku Pilgrimage 88
Temples to Enlightenment
The True**
April 30th, 2020 - The 88
Temple Pilgrimage of
Shikoku A Historic
Journey Shikoku the
smallest of the four main
islands in Japan is home
to the longest pilgrimage
in Japan The 88 temple
pilgrimage trail circles
around the outskirts of
the entire island The
temples were all visited
or founded by the first
pilgrim Kukai'

' **Shikoku Pilgrimage
walking holidays Japan**
April 25th, 2020 -
Attempting the Shikoku
Pilgrimage in winter is
only for the hardiest
many of the temples are
in the mountains where
the temperature can be
bitterly cold and some
paths treacherous with
snow and ice In February
the snow can be six
inches deep in the higher

reaches'

**'Walking Tours in Shikoku
Walk Japan**

April 22nd, 2020 - The smallest of Japan's four main islands Shikoku is a largely mountainous rural region with a warm climate and far milder winters than in north Japan. It is principally famous for the 1,200 km 88 Temple Pilgrimage associated with the Buddhist monk Kukai 774-835 that circles the whole island.' **Shikoku 88**

**Pilgrimage Self Guided
Tours Oku Japan**

April 24th, 2020 - We offer various self guided tours on the Shikoku 88 Pilgrimage trail from 4 days to 10 days. Type and level of trip. Our Shikoku 88 Pilgrimage tours include carefully selected sections of the ancient Pilgrimage trail. Walking is generally on quiet town and country roads and unpaved forest trails.' **The 88 Temple Pilgrimage in Shikoku Island Japan**

April 23rd, 2020 - The Shikoku Temple Pilgrimage is a life changing hike unlike anything you've ever done in Japan. Kevin Mak Jun 1st 2017. From legendary pilgrimages such as the El Camino de Santiago in Spain to The Abraham Path in the Middle East, pilgrimages have been a vital way of seeing and travelling for many.'

**'The Pilgrims Gaze
Shikoko Henro**

April 30th, 2020 - To complete the pilgrimage it is not necessary to visit the temples in order. In some cases it is even considered lucky. Citation needed to travel in reverse order. Henro ?? is

the Japanese word for pilgrim 2 and the inhabitants of Shikoku call the pilgrims o henro san ????? the o ? being an honorific and the san ?? a title similar to Mr or Mrs' 'Experience Shikoku a holy land JAPAN Monthly Web Magazine

May 2nd, 2020 - Shikoku Henro Sikoku is one of the four large islands constituting Japan located in the southwest and about half the size of Taiwan The name is derived from the fact that four countries were placed by regional division from the 7 to 8th century Shikoku Henro is a pilgrimage route opened in Shikoku just 1 200 years ago'

'Shikoku 88 Temple Pilgrimage Hiking Tour in Japan

April 30th, 2020 - Hiking Temple to Temple in the Lost Japan Be sure to watch the Shikoku

Pilgrimage episode of the six part PBS documentary series Sacred Journeys

The episode on the Shikoku Pilgrimage which features the group from the 2013 Mountain Hiking Holidays Shikoku

Pilgrimage Trek aired on December 16 2014 on most PBS stations in the U S'

'The Shikoku Pilgrimage Responsible Travel

March 27th, 2020 -

Attempting the Shikoku Pilgrimage in winter is only for the hardiest many of the temples are in the mountains where the temperature can be bitterly cold and some paths treacherous with snow and ice In February the snow can be six inches deep in the higher reaches' 'Walking

Pilgrimage On Shikoku Island

March 30th, 2020 -

Shikoku Henro Trail 243
on Sun Apr 15 2018 8 15
am by Shikoku Henro Trail
Winter walking 0 Shikoku
Henro Trail 197 on Sun
Apr 15 2018 8 10 am by
Shikoku Henro Trail
Wearing the hakui walking
0 Shikoku Henro Trail 306
on Sun Apr 15 2018 8 06
am by Shikoku Henro Trail
Stretches 0 Shikoku Henro
Trail 169 on Sun Apr 15
2018 8'

**'Shikoku Pilgrimage FAQ
and Getting Started Found
in Shikoku**

April 21st, 2020 - The
Shikoku Pilgrimage is a
roughly 1200 kilometre
circle around the whole
island covering 88
temples and 20 bangai
side temples Below are I
have piled frequently
asked questions from
friends and my Shikoku
Pilgrimage diary readers
who are considering
visiting the temples or
undertaking the full
journey'

**'Shikoku
Pilgrimage Route Sacred
and Pilgrimage Sites in**

*April 25th, 2020 -
Shikoku Pilgrimage Route
Shikoku island prises the
four prefectures of
Tokushima Kagawa Ehime
and Kochi Shikoku Henro
spans all four regions
linking 88 temples
associated with the monk
Kukai posthumously known
as Kobo Daishi founder of
the Shingon school of
Buddhism and native of
Shikoku'*

**'Shikoku
Pilgrimage Route Tours
All Japan Tours**

April 3rd, 2020 - The
Shikoku Pilgrimage Route
makes stops at 88 temples
that are associated with
the famed Buddhist Monk
Kukai also known as Kobo
Daishi Henro is the
Japanese word for pilgrim
and on the island the
inhabitants refer to the
pilgrims as o henro san

The practice of going on pilgrimages has existed since the Heian Period'

'How to Walk the Shikoku Pilgrimage or Just Part of It

April 23rd, 2020 -

Whether you walk the whole Shikoku pilgrimage or simply visit notable temples as half day trips from the island's cities it's easy to get a feel for this magical route that snakes along for more than 1 200 km Don a traditional byakue robe and proceed onward like a true henro or simply stomp in politely of course like you would anywhere else you were hiking in Japan'

'A challenging day hike from Fujii Shikoku Pilgrimage

May 1st, 2020 - In the winter of 1817 there was a couple from Kumamoto who were making the pilgrimage around Shikoku and as they climbed towards Shōsan ji a man approached them from the opposite direction and said 'This is the miracle water of Kōbō Daishi Please drink it' and gave them the water''**Henro A Mystical Pilgrimage**

Through Shikoku All About Japan

April 3rd, 2020 - The Henro is a pilgrimage of 88 temples scattered throughout Shikoku's four prefectures The origins of the Henro are deeply rooted in the origins of Buddhism in Japan the temples along the route are ones that were visited by Kobo Daishi?the monk who studied Buddhism in mainland China and founded Shingon Buddhism upon his return to Japan?throughout the 9th century''**Shikoku Japan**

pilgrimage An ancient ritual with a modern

April 13th, 2020 - The pilgrimage route forms a circle around the circumference of the island of Shikoku Or in a development that may signal the future of tourism you can do the whole pilgrimage on a virtual tour''**Shikoku Pilgrimage Trail Walking Holiday Macs Adventure**

May 1st, 2020 - **Shikoku Pilgrimage Trail Walking Holidays Walking the Shikoku Pilgrimage Trail** is one of the most spiritual experiences it is possible to have on two feet The full pilgrimage trail is 750miles and takes 30 60 days of walking however we are aware that this is not possible for most people so we have created two trips that focus on the best parts of the route''**How to Ohenro**

April 26th, 2020 - Here we will tell you how to go on a pilgrimage to the Shikoku 88 temples Ways There are various ways for the pilgrimage The traditional way is a walking pilgrimage But you can use cars bikes and public transportations according to your conditions To endure the stress of constant walking good physical fitness and stamina are required'

'The Ultimate Shikoku Travel Guide Japan Starts Here

April 19th, 2020 - My first taste of Shikoku tourism occurred in and around the city of Tokushima After watching a captivating performance of the city?s Awa Odori dance tradition at the Awa Odori Kaikan performance hall I took a

day trip to Naruto Whirlpools a truly bizarre natural phenomenon found underneath the bridge that connect Shikoku to Awaji Island and eventually the Honshu mainland

Historic Pilgrimage Shikoku Japan Buddhist Pilgrimage English Subtitles

April 5th, 2020 -

Historic Pilgrimage Shikoku Japan Buddhist Pilgrimage English Subtitles The Japanese island of Shikoku is the birthplace of the most revered figure in Japanese Buddhism the monk and 'Shikoku 88 temple pilgrimage Camino de Santiago Forum

April 20th, 2020 - We just got a note from a friend heading out on the 1200 km Shikoku 88 Temple pilgrimage in Japan It sounds like the Chemin in many ways The Shikoku Pilgrimage ???? Shikoku Henro or Shikoku Junrei ???? is a multi site pilgrimage of 88 temples associated with the Buddhist monk K?kai K?b? Daishi on the island of Shikoku Japan 'Shikoku Pilgrimage

March 8th, 2020 - The Shikoku Pilgrimage ???? Shikoku Henro or Shikoku Junrei ???? is a multi site pilgrimage of 88 temples associated with the Buddhist monk K?kai K?b? Daishi on the island of Shikoku Japan A popular and distinctive feature of the island s cultural landscape and with a long history large numbers of pilgrims known as henro ?? still undertake the journey for a'

'Shikoku Island Facebook January 6th, 2020 - The beautiful people of

*Shikoku made my journey
so pleasant i am thankful
of them the island of
Shikoku and Kukai I
remend anyone seeking
nature s beautiful lands
and warm hearted people
to visit and bask in its
abundant elegance I will
definitely be back and
absolutely do the Henro
Pilgrimage many times
more' '*

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