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'the reluctant triathlete

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'alicia difabio posts facebook

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documents her personal journey from signing up to pleting her first triathlon as a normal woman shows that any of us have it within ourselves to acplish great athletic feats difabio has a doctorate in clinical psychology and'

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May 21st, 2020 - her first book women who tri hit 1 on s hot new release list she is the mother of four girls a breast cancer survivor an avid runner an occasional triathlete and member of the largest all female triathlon club the mullica hill women s tri club'

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