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## The Inner Game Of Golf By W Timothy Gallwey

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'road to master golf inner game of golf back hit stop

May 22nd, 2020 - inner game of golf back hit stop exercise for the next few posts i would like to summarize some of the excersise ideas from timothy gallwey s inner game of golf back hit stop exercise the first excercise that appeared in the book and actually helped me a lot is back hit stop excercise'

'the inner game coaching journey

May 24th, 2020 - the inner game as what sir john whitmore wrote in his book coaching for performance is about recognizing that the inner obstacles are often more daunting than the external ones the word inner was used to indicate the player s inner state or in gallwey s own words the opponent within one s own head is more formidable than the one on the other side of the net'

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